

# JAY COOK

A four-year letter winner for Montclair State, Jay Cook for his sixth season and his fifth as the MSU pitching coach. During his career, Cook appeared in 48 games making 36 starts from 2003-2006. Cook was co-captain for the NCAA Boyertown Regional champions posting a 5-4 record with a 3.47 ERA. In 72 innings his senior year he struck out 36 batters and earned a victory over Franklin and Marshall in the NCAA Boyertown Regional. A scholastic standout at Westfield High School, Cook was a two-time All-County selection and was chosen All-State selection during his career. He also finished his high school career with a state record 40 game-hitting streak that spanned two years. Now entering his fifth season as pitching coach Jay has four former pitchers who are now currently playing professional baseball. He concentrates on teaching his players and students the fundamentals and proper mechanics to maximize performance and avoid injury. Jay has also worked at Richmond county baseball club in Staten Island alongside both as an assistant and a head coach to help further the baseball careers of many aspiring high school athletes. As a college recruiter as well Jay knows what it takes both academically and athletically to become a college baseball player and tries to pass that knowledge on to everyone he coaches and teaches.

**JAY WORKS WITH ALL AGES. YOU WILL FIND HIM TO BE  
A TREMENDIOUS HELP WITH YOUR DEVELOPMENT.**

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