

JOHNNY D'S 5 TOOL BASEBALL ACADEMY

WWW.MY5TOOLBASEBALL.COM

32 CARLIN STREET STATEN ISLAND NY

CLASSES BEGIN NOVEMBER 14

TO GET STARTED **917-299-9211** ASK FOR COACH DEFENDIS

INSTRUCTOR	INSTRUCTOR	INSTRUCTOR	INSTRUCTOR
NICK DEFENDIS	FRANK DELGEORGE	MIKE HANRAHAN	GEORGE QUINN

8 WEEKS OF PROFESSIONAL HITTING INSTRUCTION

EACH CLASS WILL ENHANCE YOUR ABILITY TO UNDERSTAND WHAT IT TAKES TO BE A GOOD HITTER

HERE'S HOW WE DO IT!

4 PLAYERS PER CLASS 2 INSTRUCTORS PER CLASS 4 HITTING STATIONS PER CLASS

WE USE THE MOST ADVANCED METHODS OF TRAINING TO IMPROVE ALL THE ASPECTS OF HITTING

BALANCE – STANCE – BAT PATH- BAT SPEED- APPROACH- STRIKE ZONE

GET 4 OF YOUR TEAMMATES TOGETHER AND JOIN OUR CLASSES OR JOIN JUMP IN ON ANOTHER GROUP.

COST PER PLAYER: \$395 **4 OF THE BEST INSTRUCTORS IN THE AREA**

HERE ARE THE ADVANTAGES OVER A HITTING LEAGUE

1. **IN A LEAGUE YOUR LIMITED TO THE AMOUNT OF SWINGS YOU TAKE.**
2. [WITH US YOU GET A MINIMUM OF 150 SWINGS PER CLASS](#)
3. **IN A LEAGUE YOU HAVE THE PRESURE TO PERFORM**
4. [WITH US THERE'S NO PRESURE YOU RELAXE AND LEARN HOW TO PERFORM UNDER PRESSURE](#)
5. **IN A LEAGUE YOU'RE RUSHED IN AND OUT OF THE CAGE**
6. [WITH US THERE IS NO RUSH IT'S A PROCESS](#)

